

Smoking Policy

Principles

Vibrance is committed to:

- Providing students with the highest quality of education and social development to ensure their emotional and physical well-being.
- Educating all employees, students, parents, contractors, and other visitors of the dangers of smoking to health and that smoking is known to be the principal avoidable cause of premature deaths in the UK.
- Providing a healthy, clean, and safe working environment for all employees, students, parents, contractors, and other visitors.
- Being a non-smoking zone.

The Health Act 2006

The Health Act 2006 was established to make provisions for the prohibition of smoking on premises, places, and vehicles, amend the minimum age of persons to whom tobacco may be sold, and make provisions for preventing and controlling healthcare-associated infections.

“Smoking” refers to smoking tobacco or anything which contains tobacco or smoking any other substance, including a vape. Smoking includes having lit tobacco or anything lit which contains tobacco or having any other lit substance in a form in which it could be smoked. For this policy, smoking also refers to the smoking or vaping of electronic cigarettes or cig-a-likes. We intend to project a clean and healthy image for our premises and young people. The less smoking or vaping appears as a normal behaviour to young people, the less likely they are to start to smoke.

Smoking is also prohibited on vehicles hired by the provision, in any car, or on the premises.

Aims

1. To enable all young students and staff to make healthy, informed choices by increasing knowledge and challenging attitudes towards smoking.
2. To provide a programme of education and accurate information about the health risks associated with smoking.
3. To seek to minimise the risks and possible legal consequences for students and staff from smoking in prohibited places.
4. To enable young students and staff to identify sources of appropriate personal support to help with smoking cessation and to ensure that these support mechanisms are open to them when needed.
5. Monitor, as far as possible, young people's and staff's involvement in smoking

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- to inform prevention programmes.
6. Clear guidelines should be established for dealing with anyone found smoking on the premises or with students found to have smoking materials to ensure consistency and clarity.
 7. To ensure an adequate programme for Personal, Social, and health education, with appropriate resourcing and staff training, is in place to help students make informed decisions about smoking.
 8. Ensure that students, staff, parents, contractors, and any other visitors are informed about the provision's policy and procedures relating to the non-smoking policy.

Practice

The provision seeks to create conditions where students and staff take responsibility for their health and behaviour. For this to occur, staff, students, and parents should work to an agreed set of standards that clearly identifies the consequences of failing to work towards them.

Vibrance will seek to build an effective partnership between the provision, parents, and students and inform parents about their children's non-compliance with this policy. The provision will acknowledge and support the efforts of its students and staff to improve their health through the cessation of smoking. It will promote non-smoking through curriculum materials and appropriate displays. The provision will challenge the behaviour of those students and parents who give low priority to eliminating smoking on provision premises.

This policy can include measures to regulate and control the behaviour of staff or students when they are not being educated within the provision, e.g., when attending college placements, on work experience, provision visits, or on any other occasion when students are not on the provision premises but are in charge of the provision.

Staff members searching will be permitted to seize any item they have reasonable grounds for suspecting is a banned item or is evidence of an offence.

When a staff member finds **tobacco, cigarette papers, or vapes/vape liquids**, they will not be returned to the student. If a rechargeable vape is found, parents will be asked to collect it from the provision.

Support

The provision takes its responsibilities in supporting staff and students in maintaining their health and well-being seriously. The following are some of the strategies in

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place to help with smoking cessation.

1. The NHS offers a range of services to help smokers to give up. Visit www.gosmokefree.co.uk or call the NHS Smoking Helpline on 0800 169 0 169 for details. Alternatively, text 'GIVE UP' and your full postcode to 88088 to find your local NHS Stop Smoking Service.
2. Students in the provision can access the Provision Nurse for help and advice, and an appointment can be made directly.
3. Local Pharmacies are supportive of people trying to give up smoking, and the following provides a smoking cessation service free of charge to young people below the age of 16.